

The Way of the Wild
& Sensual Woman



Venue: The Chapel of Ease

Date: December 13

Time: 7pm – 10pm

Investment: €40

The Way of the Wild

& Sensual Woman

With the rising momentum of women worldwide speaking out and reclaiming their sexual power, this is a special invitation to rediscover, heal, activate and embody the gifts of your own wild and sacred sexuality. This intensive is an ecstatic celebration of your most sensual self. Cynthia Gonzalez {Global pioneer of Women's Teachings} will take you on an intimate adventure to a more awakened and empowered sexuality where you rediscover and claim your primal birthright as a free, sovereign woman. You will also learn how to:

- Identify and bring healing to issues around emotional intimacy.
- Invite the clearing of any sexual influences, taboos, shaming, violation and trauma that can inhibit the acceptance and flow of your sensual and sexual energy
- Explore what transparency and radical honesty are in relationship and how they are integral to an evolved sexual intimacy.
- Embody the art of devotional and abandoned surrender in sexuality.
- Engage the subtle energy body with transformative practices, that include breath work, somatic experiencing, movement, guided visualisation and other gifts from the wisdom traditions.

Cynthia Gonzalez is a transpersonal counselor, human relations coach, bodyworker and seminar leader with 35 years experience. She is a certified facilitator as a Kundalini Yoga instructor, Reiki Master and Holotropic Breathwork Practitioner, offering classes and workshops regularly. Cynthia is deeply informed by the body being a truthsayer, emotionally and energetically. She is committed to making it safe to express its fullness of truth – the sensual and the unhealed.

She is co-facilitating Moon Medicine Academy 2020 with Kathy Scott for The Trailblazery. Cynthia has also run year-long training courses in Transpersonal Counseling, the Grieving Odyssey and her signature Sacred Sexuality Teacher Training. As an expressive arts trainer, she created Creative Response Therapy™ 30 years ago in Paris, France in the medical sector, teaching since training immersions in the private and educational fields worldwide. Life led her to Dubai, UAE in 1998, where she is currently based. Blogging and humanitarian work with collectively traumatized communities or individuals also has called her. She trained with Thomas Hübl in the Pocket Project Training on Collective Trauma. She continues to teach local and international workshops and trainings, including in Ireland.

Contact: katscottprojects@gmail.com. There are limited spaces so if you are interested please contact Kathy directly to book your space. This workshop is open to women only. Confidentiality and safety will be assured. This is not being promoted online, so if you have any friends who may be interested please forward this information to them and they can email Kathy directly.